

The St. Paul's Page

St. Paul's United Church
11526 76 Avenue NW
Edmonton, Alberta T6G 0K7

Theological Banquet: Spirituals
September 29th, 2024

Sunday morning worship services begin at 10:30. Worship services are also live-streamed and uploaded for later viewing [here](#).

If you are joining us for the Sunday worship online, please see our [service bulletins](#). Alternatively, the QR code can be scanned to view the bulletin for this week.



ACTIVITIES AT ST. PAUL'S SEPTEMBER 29 - OCTOBER 6

SUN 09.29	10:30 am	Sunday Worship Theological Banquet: Spirituals	Rev. Anna Constantin
MON 09.30	9:30 am 5:00 pm 7:00 pm 7:00 pm	OFFICE CLOSED Iyengar Yoga Moxy B Studio AA Support Group A Joyful Noise Choir	Foote Auditorium Foote Auditorium Bentley Room Foote Auditorium
TUE 10.01	7:00 pm 7:30 pm	Tai Chi Nar Anon Support Group	Foote Auditorium Bentley Room
WED 10.02	9:30 am 7:00 pm 7:30 pm	Staff Meeting Yoga Choir Rehearsal	Friendship Room Upper Hall Sanctuary
THU 10.03	9:30 am 5:00 pm 7:00 pm	Quilting Group Moxy B Studio Tai Chi	Foote Auditorium Foote Auditorium Foote Auditorium
FRI 10.04	10:00 am 1:00 pm 4:00 pm	Flower Group Belgravia Bridge Club Edmonton Young Voices	Dunn Room Friendship Room Upper Hall
SAT 10.05	8:00 am 10:30 am	Edmonton Young Voices Braille Tones	Upper Hall Foote Auditorium
SUN 10.06	10:30 am 12:00 pm	Sunday Worship Theological Banquet: Missionals <i>(Communion)</i> Finance Committee Meeting	Rev. Candace McNeill Nursery

The Newcomers conversation group is meeting every other Sunday at 11:50 in the Bentley room. Upcoming dates:

- **October 6, October 20, and November 3**

You do not need to be a newcomer to participate. This is a great way to learn about and get to know one another. Everyone is welcome.

I've been considering the phrase "all my relations" for some time now. It's hugely important. It's our saving grace in the end. It points to the truth that we are all related, that we are all connected, that we all belong to each other. The most important word is "all." Not just those who look like me, sing like me, dance like me, speak like me, pray like me or behave like me. ALL my relations. That means every person, just as it means every rock, mineral, blade of grass and creature. We live because everything else does. If we were to choose collectively to live that teaching, the energy of our change of consciousness would heal each of us - and heal the planet.

from *Embers: One Ojibway's Meditations*
by Richard Wagamese

We continue our study of the different ways we live out our faith in the church and the world using the metaphor of the **Theological Banquet** based on Janet Gear's book, *Undivided Love: Navigating Landscapes of Living Faith*. Please join us at

9-10 am on Sunday mornings in the Library September 15 - October 13th (there will be no study on October 6th)

Wednesdays 1:30-2:30 September 11 - October 2nd via zoom. **Please join us when you can!**

You can contact the office to receive the zoom link.

Please contact Rev. Anna for any questions or if you would like to purchase a copy of the book. Reading the book is optional for this study.

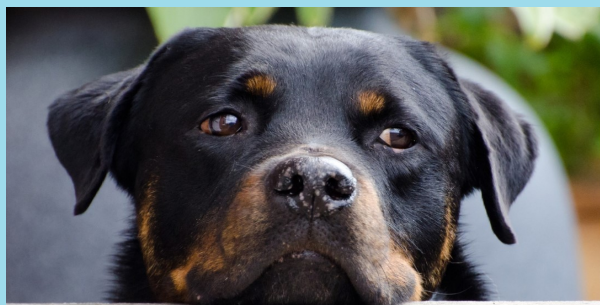
Rev. Anna Constantin will be away in Ontario from October 6-10 for the ReGenerate Conference.

Do you prefer having coffee and tea in the Friendship room or downstairs in the auditorium?

Advantages of having it in the Friendship room include everyone is close when the service is over, access to the library, easier if someone is watching for a ride. Some of the disadvantages can be it is crowded, noisy and you have to protect your cup if you get jostled. Some may decide to go home rather than come downstairs.

Downstairs is spacious, we can set up tables and chairs providing a place for those who wish to sit down, that may encourage longer conversations and easier for the Welcome team to serve.

We will be asking for your opinions in the next weeks.



Feast of St. Francis Animal Blessing

October 4, 2024 12:30pm



Providence Renewal Centre - Feast of St. Francis Animal Blessing

St. Francis of Assisi saw all of creation as great art and would praise the great artist, the Creator, in all things. Early in his ministry, Francis came upon a flock of birds. He was moved to talk to them and preach to them as his equals. There are many legends of St. Francis and his miraculous relationship with his brothers and sisters in the animal kingdom, but this interaction with the birds is considered his first blessing of the animals. As a celebration of the Feast of St. Francis on October 4, please bring your feathered, furry, and scaly family members to receive a blessing. Light refreshments to follow. [Registration is required.](#)

Day 5 - Speakers needed

With Day 5 commencing after Thanksgiving, we are looking for speakers that could present on interesting topics related to spirituality, nature, social justice etc. If you have some ideas, please speak to Jack Jervis after church or send him an e-mail at jackjervis263@gmail.com



Winter Coat Season

Familiar, if somewhat unwelcome, to Canadians. Terrifying to Africans who are facing their first Edmonton winter. Social Justice Committee has started scouring thrift stores and this purchase, totaling \$178 netted eleven jackets and coats. Average cost per coat just over \$16, with range from \$9 to \$30 with the senior's discount factored in.

Would you like to donate or buy a coat for a refugee? If yes, please visit a thrift store to select the kind of coat that you would want to wear on the coldest of days if you were standing outside, waiting for a bus. Select a jacket with a good zipper, without tears or stains.

Men's and Women's jackets/coats in sizes M, L, XL and 2XL are most needed.

Coats/Jackets can be left in the Donation Box over the next few weeks (although coats are welcome any time throughout the winter).

If you want to contribute but do not want to shop, a donation to the church with Refugee Support in the subject line would be most appreciated.



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780-436-1555 <https://stpaulsunited.org/>



St. Paul's YouTube channel: <https://www.youtube.com/c/StpaulsUCYEG>
St. Paul's Instagram - [stpaulsucyeg.youth](https://www.instagram.com/stpaulsucyeg.youth)
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The Rev. Candace McNeill
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Cianna Hunt
Office Administrator



Susan Farrell
Music Director



Tyson Kerr
Musician