

The St. Paul's Page

St. Paul's United Church
11526 76 Avenue NW
Edmonton, Alberta T6G 0K7

Theological Banquet: Ecclesials
September 22nd, 2024

Sunday morning worship services begin at 10:30. Worship services are also live-streamed and uploaded for later viewing [here](#).

If you are joining us for the Sunday worship online, please see our [service bulletins](#). Alternatively, the QR code can be scanned to view the bulletin for this week.



ACTIVITIES AT ST. PAUL'S SEPTEMBER 22 - 29

SUN 09.22	10:30 am	Sunday Worship Theological Banquet: Ecclesials	Rev. Anna Constantin
MON 09.23	9:30 am 5:00 pm 7:00 pm 7:00 pm	Iyengar Yoga Moxy B Studio AA Support Group A Joyful Noise Choir	Foote Auditorium Foote Auditorium Bentley Room Foote Auditorium
TUE 09.24	7:00 pm 7:30 pm	Tai Chi Nar Anon Support Group	Foote Auditorium Bentley Room
WED 09.25	9:30 am 7:30 pm	Staff Meeting Choir Rehearsal	Friendship Room Sanctuary
THU 09.26	9:30 am 5:00 pm 7:00 pm	Quilting Group Moxy B Studio Tai Chi	Foote Auditorium Foote Auditorium Foote Auditorium
FRI 09.27	1:00 pm	Belgravia Bridge Club	Friendship Room
SAT 09.28	10:30 am	Braille Tones	Foote Auditorium
SUN 09.29	10:30 am 12:00 pm	Sunday Worship Theological Banquet: Spiritual Social Justice Committee	Rev. Anna Constantin Nursery

Prayers and Support for Jasper

The congregation of Jasper United, as well as all those evacuated from Jasper and all first responders, continue to be held in our hearts and in our prayers. [Please click here](#) for full details on offering both prayerful and financial support to Jasper United

Feast Giver

Each day I am invited to come
And share in your banquet,
To receive from your table of love
Spiritual bounty for my deepest self.
What keeps me from accepting?
What holds me back from partaking?
Do I not believe in your nourishment?
Am I overly engaged elsewhere?
How could I not come forth with joy
And dine in your graced presence?

Today: I accept the *Feast Giver's* invitation.

from *Fragments of Your Ancient Name* by Joyce Rupp

We continue our study of the different ways we live out our faith in the church and the world using the metaphor of the **Theological Banquet** based on Janet Gear's book, *Undivided Love: Navigating Landscapes of Living Faith*. Please join us at

9-10 am on Sunday mornings in the Library September 15-October 20th (there will be no study on October 6th)

Wednesdays 1:30-2:30 September 11-23 (no study on October 9th) via zoom. **Please join us when you can!**

You can contact the office to receive the zoom link.

Please contact Rev. Anna for any questions or if you would like to purchase a copy of the book. Reading the book is optional for this study.

Please consider elderly members, those with mobility issues and parents with infant car seats when choosing a place to park.

Iyengar Yoga with Anita Cullen

These classes are for all levels of yoga experience (including complete beginners) and modifications are provided when needed. We work with postural alignment starting with the feet, legs and hips to create firmness and strength in the body. Working with our own body weight to create extension and length in the limbs for better alignment in the spine. We use props for added benefit including blocks, belts, blankets and chairs. Classes are Mondays from 9:30am to 11am and every other Wednesday from 7pm to 8:30pm. Please contact Anita for specific dates and more information. Email: anitacullen2003@yahoo.co.uk Mobile: (587) 986-8574.

ST. PAUL'S LABYRINTH

MEDITATION IN MOTION

Invitation to Walk the Labyrinth at St. Paul's United Church on **September 20th from 6:30 - 8 pm**

Lower Hall

Fee: \$15 per person

A labyrinth is an ancient contemplative tool. Walking the labyrinth is as simple as taking time to follow the path to the center, to pause there and to walk back out. You are also free to walk out of the labyrinth any time you wish.

For more information please contact the office at

780-436-1555 or at office@stpaulsunited.org

DONATE TO ST. PAUL'S UNITED CHURCH

Thank you for all the ways you contribute to our community. If you wish to contribute financially to St. Paul's, please scan the QR code.



Save the date! General Council annual meeting is October 19, 2024

The General Council's annual meeting is October 19. It will be held online using the CHURCHx platform. Details will be posted in the next few weeks.

We invite you to join us online soon after the October 19 meeting – on Tuesday, Oct. 22 at 6 p.m. – for an informal, thoughtful town hall with the General Secretary and members of the GCE. Everyone is welcome.

Fall Fair!

This Sunday, September 22nd please join the children and youth downstairs after worship in the Foote Auditorium for coffee, treats, and popcorn after church. A time to share in community together and celebrate the start of a new school year.



40 Days of Engagement on Anti-Racism returns this fall! The series is an excellent way to delve deeply into exploring anti-racism—as well as to engage in related faith reflections and ideas for action. This year's series features several dynamic speakers for the online events, which all run on Tuesday evenings at 7:00 p.m. ET, in October and November. There are also accompanying study groups, which offer ways to integrate and reflect on the content with learners from across the church. Register for this year's live events—and please sign up for the newsletter to stay up-to-date with regular content for this year's exciting program.



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St. Paul's YouTube channel: <https://www.youtube.com/c/StpaulsUCYEG>

St. Paul's Instagram - [stpaulsucyeg.youth](https://www.instagram.com/stpaulsucyeg.youth)

church office: office@stpaulsunited.org

e-transfers: stpaulsaccountant@telus.net



The Rev. Anna Constantin
Senior Minister
anna@stpaulsunited.org



Susan Farrell
Music Director



The Rev. Candace McNeill
Minister of Faith Formation
candace@stpaulsunited.org



Tyson Kerr
Musician



Cianna Hunt
Office Administrator